

JET SKI CAMP

1. MONDAY : Classroom Instruction and Boating Safety Test

- a) 7:30 am: All Jet Ski staff is to meet and mingle with the Jet Ski campers
- b) Make sure that classroom is ready for use with TV/VCR, tables and chairs
- c) Either before or after the group picture, escort campers to the small classroom to drop off their bags.
- d) Take Jet Ski group picture
- e) Review camper packets
- f) Do an icebreaker so that the campers can get to know each other
- g) Go over the Boating Safety Book
 - Have campers take turns reading aloud
 - Emphasize important points
 - Ask questions to keep their attention and get everyone involved
 - Take breaks every other chapter or so
 - Repeat points that will be on the test
- h) Watch the video after going over chapter two
- i) Take campers to the boat house and introduce them to the Jet Skis
 - Show them all of the parts
 - Fire extinguisher
 - Plugs
 - Lanyard and key
 - Engine and storage compartments
 - Anchors
 - Fit campers for PFD's
 - Show campers where they will be meeting every morning
- j) When outside use the tape measure to show them how far 200 feet is
- k) Take a break for lunch
- l) Take the final exam
 - Have campers take test on their own or in pairs
 - Go over the test as a group
 - Grade tests to make sure that everyone received 100%
- m) Go over the rest of the week
 - Tell them about daily activities and speed limits
 - Find out if anyone is going to be dropped off and picked up at Folsom Point
 - Let campers know the procedures for the lake
 - Beach rules
 - Boat launch rules
 - Preparing to launch the Jet Skis
- n) If the whole class is done early take campers out to do boating activities

2. TUESDAY: Driving Education Practice

- a) Make sure everyone is checked in and has a proper fitting life jacket
- b) Jet Skiers will ride to the lake everyday in the van
- c) Show campers launching procedures

- Ventilate for four minutes
- Put in plugs
- Turn on Jet Skis
- d) Have campers take turns riding to and from the beach on the Jet Skis
 - If they are not riding on the Jet Skis they will ride in the ski boats
- e) 15-20mph speed limit
- f) Campers should take 10-15 minute turns
- g) Practice turning and low speed maneuvers

3. **WEDNESDAY: Docking, tight maneuvers and man overboard drills**

- a) 25-30mph speed limit
- b) Campers should take 10-15 minute turns
- c) Practice docking at the boat ramp dock
 - Take turns lining up the Jet Ski on both sides of the dock
 - Do this with and without using reverse
- d) Practice tight maneuvers
 - Perform tight turns at different and increasing speeds
 - Perform quick turns to avoid dangerous situations
- e) Practice Man Overboard drills
 - Practice picking up a man overboard
 - Practice recovering a completely capsized Jet Ski
 - Follow manufacturers recommendations
 - Grab the center grate, stand on gunwale and pull upright

4. **THURSDAY: Lake Tours**

- a) 35-40mph speed limit
 - No maneuvers over 30mph
- b) Take campers on tours of the North and South Forks or treasure hunt
 - Places of interest to point out along the tour
 - Folsom Dam
 - Beal's Point
 - Granite Bay
 - Los Lagos (Eddie Murphy's summer home)
 - Rattle Snake Bar (North Fork)
 - Old Salmon Falls Bridge (South Fork)
 - New Salmon Falls Bridge (End of South Fork)
 - Brown's Ravine Marina (has the largest fleet of Catalina 22 Sailboats in the world)
 - Let each camper drive half of the trip
 - Take two tours of the lake
 - Four campers per tour
 - Have the campers that are staying on the beach spot for water ski camp so they have something to do since it is such a long trip
 - A full trip of both the North and South Forks will take approx. 1 ½ hours
 - This depends on speed and stops along the way
 - The treasure hunt should be done after the tour or if campers are already familiar with the lake

- This is a treasure hunt that is won by speed and accuracy. Each team will race to find all of the items and answer all of the questions correctly on the list in the shortest amount of time. Time will be docked if campers break the speed limit or if parts of the list are completed incorrectly. The team with the most correct answers in the shortest amount of time is the winner.
- Use the existing treasure hunt list or create your own.
- Take normal 10-15 minute rides at the end of the day after the tours
- Pass out magnets at parents night

5. **FRIDAY: Barrel races and Pizza Day**

- a) 40-45mph speed limit
 - No maneuvers over 30mph
- b) Barrel races
 - Set up buoy course in an open part of the lake
 - See diagram for an example
 - Make a pattern for entering and exiting all of the buoys
 - Time each camper on their course completion time
 - Give everyone a few try
 - Take the best time for each camper
 - There is a 10 sec deduction for every time they miss a set of buoys
 - Give prizes to the camper with the fastest time
- c) Pizza for lunch with water ski camp
 - Pizza is optional for campers
 - those who chose to have pizza will pay \$5 sometime at checkout
 - Each camper gets two pieces of pizza to start with
 - Seconds are called after everyone has had their two pieces
 - During seconds and thirds campers get one piece of pizza at a time
- d) Take 10-15 minute turns after lunch
 - Free ride time
 - Campers can drive around and practice maneuvers or run the buoy course again
- e) Wrap up
 - Repeat some the important safety issues about the water and Jet Skis
 - Thank the campers for a good week
 - Pass out magnets to those that didn't receive them at parent's night
 - Return tests
- f) Fill out camp postcards