

# SACRAMENTO STATE AQUATIC CENTER

A PROGRAM OF ASSOCIATED STUDENTS, INC.

## RS Zest Rigging Instructions

### Secure necessary equipment:

- Put on a PFD.
- Choose a boat and inspect your boat for obvious problems (missing or broken parts, etc.).
- Insert the drain plug into the stern of the hull.
- Find a spot on the sailing dock where you can position the hull with the bow pointing into the wind.

### Rig the boat on the dock:

- Remove the boom from under the yellow transom bar. Undo the buckle that holds the sail in place around the mast and unfurl the sail, holding onto the clew.
- Attach the boom to the mast, making sure the boomvang is untangled and the mainsheet block is facing the hull. Take the boom and push the gooseneck onto the mast, just above the plastic sleeve.
- Attach the outhaul. Making sure you have enough slack in the outhaul, hook the outhaul onto the clew, pull tight and cleat. Find the clew strap, a short elastic strap with a bobble on one end, thread through outhaul hook, secure strap around boom, and slip bobble through strap, securing the clew tight to the boom. Find the cleat further up the boom, place the tensioned side in the cleat to secure the outhaul.
- Attach the boomvang by clipping the hook on the bottom block of the boomvang to the eyelet on the mast just above the mast gate. Check the tension of the boomvang and adjust if necessary.

### Rig the boat in the water:

- Position the stern of the boat so the rudder is over the water. Lift up on the tiller, push the rudder downward FULLY and then lower the tiller to “engage” it in its locked position. If the rudder lifts up while engaging the tiller, place your hand on the rudder to keep it in place while engaging the tiller.
- Push the boat all the way into the water, and tie the boat to dock using your bowline.
- Lower the centerboard.

**Your boat should now be fully rigged and ready to sail!**

### Derigging:

- Lift up on tiller to lock rudder in upward position, lift up on centerboard.
- Pull the boat out of water bow-first, being careful of grab handles under the bow.
- Detach the outhaul and boomvang, storing the boom under the yellow transom bar.

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- Furl the mainsail clockwise around the mast, making sure the hook on the clew is facing out, and hook the sail in place by the hook.
- Place the boat back in its spot on the dock, and remove the drain plug, lifting the boat to drain if water was taken in.

**Return your PFD to a hanger on the PFD storage rack.**

**Report any problems or damage to the front desk when you check back in.**

**Thank you!**